

2020

ANNUAL REPORT

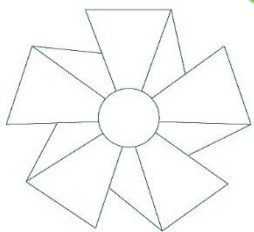


Kindred Clubhouse



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Our Vision

All people living with a mental illness will have opportunities to realise their potential within a supportive community

Our Mission

To provide a safe and welcoming space for people with a mental illness to develop the skills and confidence needed to lead satisfying and purposeful lives in the community

Our Values

Integrity: We strive for fairness and adherence to ethical principles. We are genuine in all our work practices. We are responsible and accountable for all our actions

Quality: We aspire to excellence in all our work practices and service deliveries.

Equality: We believe in the potential of all people and are committed to inclusive practices with those with whom we work so they can exercise voice, choice and control over their futures.

Safety: We are committed to ensuring a safe environment for our staff, program members and the community.



President's Report



As the 2019-2020 year comes to a close, I would like to reflect on our achievements, challenges and our plan for the year ahead.

This year has been a particularly challenging one, due to the restrictions put upon us by the COVID-19 pandemic. We started the year off on a positive vibe, excited about our new premises and the possibilities in store for Kindred Clubhouse. However, shortly after securing our permit, and officially opening at the end of Jan 2020, in March we were forced to close down due to COVID. Our inability to operate in person, at our Hastings location, has been challenging for all involved. However, we have chosen to view this hurdle as an opportunity to demonstrate flexibility, innovation, and new ways of learning.

Despite the challenges that were presented due to COVID, we have continued to demonstrate many achievements this year;

- Securing our permit to operate at 29 Marine Parade in Hastings.
- The official opening of Kindred Clubhouse in Hastings with a successful turnout of approximately ninety people from our local community.
- The employment of two part time staff and a full time Manager.
- Continued operation of a virtual Clubhouse throughout COVID restrictions. We have successfully assisted members who were not familiar with using Zoom, email or phone to access these communication pathways allowing them to stay connected during these challenging times. Members and staff have embraced the challenges head on and found new opportunities for supporting one another during this time.
- Members have created and published a Positivity Book, in which every member contributed. The book is a window into the Clubhouse's world during lockdown shared with stories of gratitude, positivity and hope. This book can be purchased to support the ongoing work of the Clubhouse.
- We have continued to seek opportunities to speak about the Clubhouse with local community organisations. Most recent were, Rotaract and Frankston Community Connect.
- Our application for NDIS has been submitted and we continue to apply for local grants to support our sustainability into the future.

We have been fortunate to have the ongoing support of many community organisations including; Rotary Peninsula 2.0 who, for the past five years, have graciously allocated monies raised from their annual Seaford Wetlands Fun Run to Kindred Clubhouse. This support has been vital throughout the Clubhouse development. This year they will continue that support by doing a virtual fun run to support the Clubhouse.

Special thanks to all of the organisations and individuals who continue to support us and believe in our values and mission. We are extremely grateful for your ongoing support.

To our Manager, Kim Kerr, thank you for your outstanding contributions to the Clubhouse. You have given above and beyond to see the Clubhouse through to where we are now. Your hard work has not gone unnoticed.

Our Board has also continued their dedication to the Clubhouse despite many challenges related to COVID. We have implemented two major focus groups; FARMS (Financial and Risk Management) and QAMS (Quality Assurance Management; a planning cycle that includes quality, planning, evaluation and review). These groups will continue to ensure we remain focused on priority areas and manage our work effectively and efficiently.

To our amazing Board members, Kindred Clubhouse would not be possible without your continued passion, dedication and expertise. This has been a challenging year and you have continued to hold the vision while exploring ways to move forward in these unforeseen circumstances.

I would like to individually thank our outgoing Board members for volunteering their valuable skills and knowledge to the Board.

Eric: Thank you for your ongoing support over the past few years especially, in your role as Secretary. You have been a wealth of knowledge and guidance to us and will be greatly missed.

Elizabeth: Your professional mental health background and calming nature has been an asset to the Board. Thank you for your participation.

Donna: Thank you for your enthusiasm, honesty and assistance specifically with our strategy, quality management, and governance. We appreciate all you have contributed.

I would also like to acknowledge Sam and Michael, who will remain on the Board, but have taken on extra responsibilities this year to assist us. Sam has not only been our Treasurer, but has also taken on the payroll and account keeping and Michael has stepped up into the Secretary role. Thank you for your flexibility and willingness to take on these roles.

As we farewell some of our Board members, we look forward to welcoming in new members who have expressed interest in joining our Board in the year ahead.

To all of our Clubhouse Members, you have showed how the strength of community, connection and belonging can help to overcome any obstacle. Together you have supported one another and showed your dedication to keeping Kindred Clubhouse alive and running.

"You can't spell challenge without change." - unknown

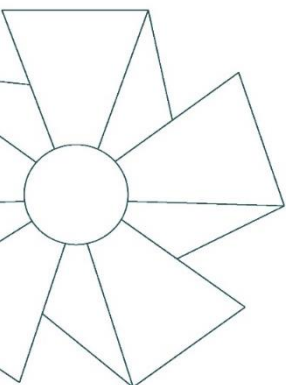
Challenges and change are inevitable. It's how we rise to meet them that speaks volumes.

2019-20 certainly has been one of our most challenging years yet, as I'm sure it has been for many other organisations. However, it has proven our strength, flexibility and resilience as individuals and as an organization.

I am optimistic that the coming year will in many ways be a "new beginning." Bringing with it new growth, opportunities, and an greater appreciation for connection, comradery and community.

Stefanie Poole

Stefanie Poole
President





Manager's Report



Looking back over 2020, it has certainly been an interesting and challenging year for us all. Towards the end of 2019, our momentum had been steadily building. We had secured our premises in Hastings, received Council approval for the planning permit, fixed up and fitted out our clubhouse building, appointed staff, and were off and running with our clubhouse program. We also received a donation to purchase a 12-seater bus which had enabled us to provide transportation for our members living near Frankston to access our new address in Hastings. A special thanks to Jenny and Henry Burger for their generosity.

Another significant highlight, was the Official Opening of our Clubhouse. Officiating at the opening was Ron Murray who was fabulous on his digeridoo, Mayor Sam Hearn who spoke powerfully about mental health, and our MLA for Hastings Neale Burgess who officially opened our premises. Nearly 100 people attended the opening, filling our newly established clubhouse with a powerful vibe of positivity and optimism.

Less than two months after the Official Opening, we were required to close the premises due to Covid-19 restrictions. Apart from a short reprieve in June/July, our clubhouse premises remained closed for most of the year.

While our physical premises may have been closed, our sense of having a clubhouse community managed to continue on. We began operating our 'Virtual' clubhouse. Luckily all our clubhouse members had access to a telephone, so we started by connecting with members via phone calls. One-on-one calls, group chats using conference calls and also some group social activities. Mediation and relaxations sessions (by phone) three times per week, Bingo games, and for those with a smart phone, Ipad or computer, we started learning how to use zoom. We also organised regular 'walk and talk' sessions, where members walked in their local areas while speaking on their phone to other members who were also walking locally. We later began our weekly decision-making meetings, social groups, newsletter meetings and The Amazing Thoughts meetings, all on Zoom. We also delivered meals to people each Saturday. It has been interesting to note that during the Covid-19 restrictions our membership numbers were not only maintained, but that our membership actually increased.

A wonderful project that emerged during the Covid-19 restrictions, was the development and publication of our Positivity Book. The resulting Coffee-table book was a compilation of staff and members positive sayings, stories, poetry, things that we were thankful for, and favourite recipes etc. It provided us with a great reminder of the importance of staying positive.

The Covid-19 restriction highlighted the impacts of social isolation. More than ever, it became important to feel that we had a connection with others at a time when we were experiencing physical isolation.

Maintaining a sense of community became a priority for our clubhouse. Being a part of a community helps us to feel that we are a part of something greater than ourselves. It can help us to feel safe and secure, provide us with opportunities to have connections with other people, help us to strive to achieve personal goals, and reassures us that we are not alone.

Covid-19, while challenging and lethal, has revealed amazing acts of kindness and benevolence around the world. We have seen countless acts of selflessness and caring in our hospitals and in our community services. It has brought out the best in many of us. It reminds us that when challenges are shared, these will often be challenges that are conquered.

Much of the reminders and learnings of covid-19 have reinforced the importance of our clubhouse program. The importance of having a sense of community and of belonging, of having a safe welcoming space, and that collectively, we can tackle and overcome most obstacles.

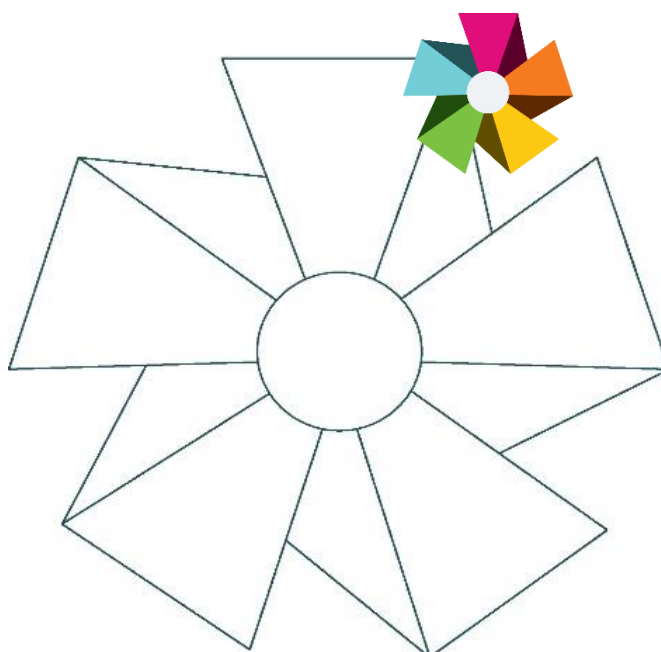
2020 was intended to be Kindred Clubhouse's year of consolidation and growth. The Federal grant that we received from Greg Hunt and Chris Crewther in 2019, had provided us with the resources needed for establishing Kindred Clubhouse in our own premises and with the opportunity to demonstrate the need for what a clubhouse program can offer. The two years of funding had also provided us with some time for working on establishing the financial sustainability of our program. Unfortunately, the Covid-19 pandemic has significantly impacted on this.

As we rapidly approach 2021, I feel confident that we can successfully continue on our journey towards establishing the financial sustainability of our clubhouse and in demonstrating the importance, value and need for a clubhouse model program. A significant resource will be the power of our community and that collectively, we are all in this together.

I want to take this opportunity to thank the Kindred Clubhouse staff, volunteers, members and supportive others, who have contributed so much to the development of our clubhouse over the past 12 months and have helped to make it such a safe and welcoming community resource for people with mental health issues. I would also like to acknowledge all the Kindred Clubhouse Board members who have contributed so generously of their time and efforts over the past 12 months. Their hard work has helped Kindred Clubhouse to become the quality organisation that it is today.

Kim Kerr

Kim Kerr
Manager



Our Board 2020



President
Stefanie Poole



Vice- President
Brad Mc Lean



Secretary
Michael Sillikens



Treasurer
Sam Holyman



Eric Linder



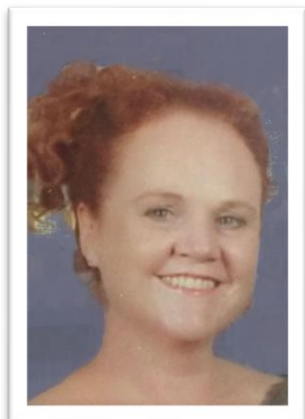
Jacob Koster



Dr. Elizabeth
Reed



Salome
Argyropoulos



Donna Thompson

Our Volunteers



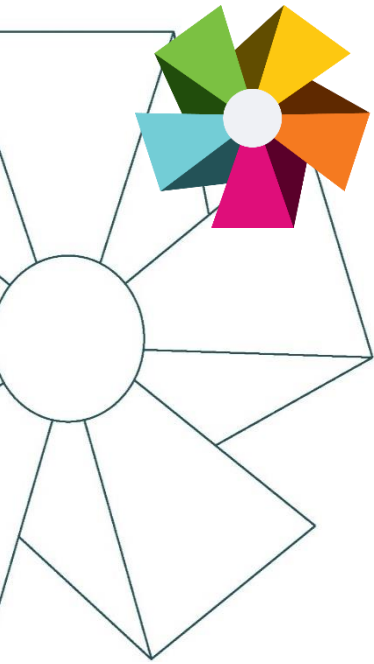
Once again, we would like to extend a sincere THANK YOU to the volunteers and students who have given so much of their time and have also contributed so much to the development of Kindred Clubhouse over the past 12 months, both at the Ebdale Community Hub in Frankston and at our new home in Hastings. Thank you all for your enthusiasm and drive and for helping us with the setting up our clubhouse. From delivering furniture, helping with the garden, assisting with the social programs, being on the kitchen/catering teams, Bunnings sausage sizzles, transporting people, helping with the domestic chores, and generally for all your positive energy.



We look forward also, to continuing our relationship with Monash University in 2021 and have organised for more student placements with their Occupational Therapy Dept. - commencing as from January 2021.



Matt's story – A member's perspective



I joined Kindred Clubhouse in February 2020. I had been riding my bike to the park in Hastings when I noticed the Kindred Clubhouse building and its sign, and that it had something to do with Mental Health. I went in to see what it was about and received both a friendly greeting and a lot of information to take away. I decided to join the Clubhouse as I hadn't had any

support for my Mental Health in quite some time. I felt that I would like some support. I wanted somewhere that I could go to get out of the house and the clubhouse provided me with this.



When I go to Kindred, I get to meet new people and I enjoy the cooking, gardening and doing administration work. I used to work with my Dad who owned a real estate agency, and I helped to write the descriptions for different properties. I enjoy doing the administration tasks at Kindred and I help with the monthly newsletter as well as other things, like minute taking at the meetings.

What I like best about Kindred is arriving in the morning when it opens and watching the place come alive as people come in and have a cuppa. I like watching the Clubhouse light up and it wakes up as you wake up. I have made some really good friends since joining Kindred.

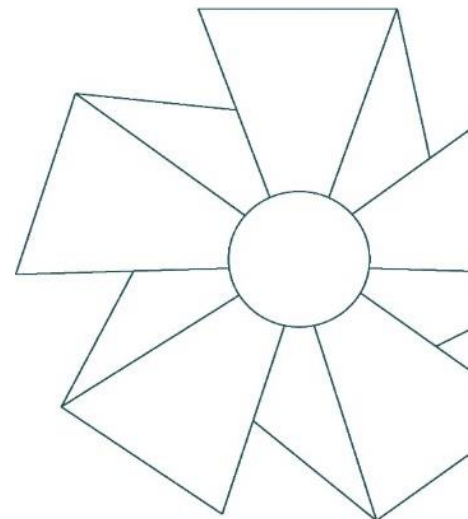
Apart from the admin work, I have really enjoyed doing the gardening and sometimes we go to Bunnings to get seedlings or seeds to plant in Kindred's backyard veggie patch or over at the veggie garden in Tyabb.

I like listening to music a lot and know a lot about music. I am often wearing my headphones while at the clubhouse. My interest in music started when I was younger and my brother was given two Beatles records. I don't think he ever listened to them, but I used to listen to them over and over.

I also like walking and riding my bike and I like doing lots of things in nature.

Kindred has supported me by giving me more freedom and I have been supported to find a Doctor of my choice, which I've never had before.

I have now gotten my medication back on track and the biggest thing of all, Kindred staff supported me to get on the NDIS.



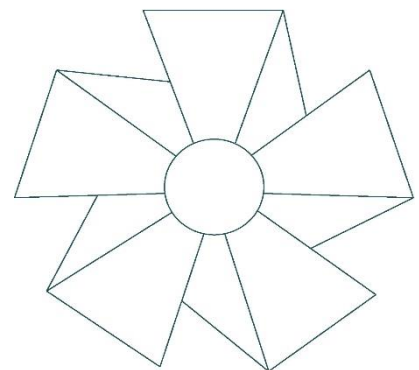


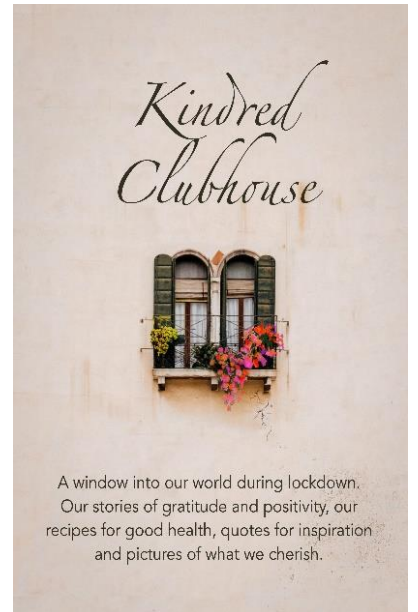
Matt's story – A member's perspective

Kindred Clubhouse fills up my days and gives me somewhere to go to get out of the house and has given me a purpose.

During the Covid-19 restrictions it has been good that there have been a lot of different things at Kindred that have continued to happen over the week. The clubhouse has continued to run things using zoom and telephone, but it is still Kindred. I have been joining in on the telephone meditation sessions which help me to relax my mind and to feel calm. I have helped with some of the minute taking at the zoom decision-making-meetings and I have like attending the social zoom sessions. The social sessions have provided some light-hearted times where you don't need to think too much. Whilst I have enjoyed seeing and hearing people on zoom, my preference would always be to speak to people face to face.

I also got involved with the Positivity Book project, which we completed during the Covid-19 restrictions and I submitted some of my poetry for the book. I have appreciated receiving the regular phone calls from staff over the past few months and it has been good to have some extra support at times. I think that Kindred Clubhouse is a very good initiative. It has the ability to have many more members and it is a great thing for Hastings.









Thank you to all our supporters



INDIVIDUAL DONORS

- The Neale Family
- Jo Baker
- Jenny and Henry Burger
- Wendy's Treasures Hastings
- Michael Sillikens
- David Sillikens
- Jenny Kerr
- Claire Lagoe
- Niamh McCall
- Brad Mc Lean
- Trudy Poole
- Rowena Phillips
- Elizabeth Reed
- Gerard Tobin
- Kira Dugdale
- Phil Lancaster
- Kerryn Dixon-Ward
- Cleone Kemmis Betty
- Zara Scherger
- Fiona Oravec
- Jeff Rosser
- Helen Rosser
- Sue Parrott
- Caitlin Roncari
- Mark Thomson
- Debbie Bau
- Rod Roncari
- Lee Roncari
- Carron Burrows
- Abbey Smith
- Jessica Kerr
- Emily Bain
- Caryl Blomkamp
- Gaenor Acres
- Sarah Kerr
- Delani Smith
- Steph Armstrong
- Ashlea Lawson
- Paul Walter
- Patricia Cormick
- Kristen Timmins
- R & S Poole
- Kim & Lisa Kerr
- Jeanie Mulligan

Kindred Clubhouse Inc.

Treasurer's Report & Financial Summary

Annual Report for July 1st 2019 - June 30th 2020

Accounting EOFY FY19-20

Kindred Clubhouse has had another watershed year financially, as we have begun to fully deploy our Commonwealth grant funding and establish our own premises in Hastings.

To this summary report I attach our provisional figures for EOFY 19-20. We are currently in the process of having formally reviewed accounts prepared with an accounting practice (TBC) and will make these available in the coming weeks after our AGM. It is noteworthy that Kindred Clubhouse is now above the \$250,000 revenue threshold for Medium charity sizing under ACNC rules – this is primarily due to the great year of additional donations we received over and above our amortised Commonwealth grant revenue. Thus, at a minimum we are required to produce formally reviewed accounts (a basic form of audit) by February 2021. This must be completed by a CPA-holder/auditor and we are seeking further quotes at present.

Our EOFY figures, particularly our Balance Sheet entries, have again been guided bookkeeper and consultant Ellie Patterson from NFPAS who assisted us in late December last year, so we are ensuring we are still compliant at a bookkeeping level. Ellie provided some reassuring guidance when I first engaged her and helped to structure our accrual accounting entries and also make a correction to our BAS filed, given we had to account for the total \$50k GST component of our Commonwealth grant funding. In October this year I have again worked with Ellie to make some further changes and get help with Balance Sheet entries, mainly given our successful Grant funds & AWP extension to June 2021.

Ellie has completed her own review, and whilst we must seek an auditor to complete the formal review, we do not anticipate any material changes to our accounts when they are formally reviewed in the coming months (and this process should be straightforward at that level given the work already put in).

Our accounts will show a couple of major points for the FY20 year:

1. We began operating with our staffing model, led by Kim, and wages formed the bulk of our operating expenses – a positive thing! We had Caryl Blomkamp working usually a 7-day fortnight and Michelle Sullivan working normally an 8-day fortnight, with Kim leading as our FTE Manager.
2. We instated a more formal payroll cycle and also assisted Caryl & Michelle with salary sacrifice, using PBI Solutions to provide them with Living Expense & Entertainment cards, complying with FBT caps.
3. Operating expenses for FY20 settled at just over \$20,000 p.m on average, with rent expense amortised over our 12-month initial lease term.
4. Continued discipline on operating costs – with thanks to our Board and to Kim & Lisa Kerr for always looking for the most prudent options and working transparently.

COVID-19 & FY21 Projection:

Restrictions on operating in Victoria, both during April/May and then again with Stage 4 restrictions from late July into October, were disappointing for Kindred and left us maintaining a fixed cost base whilst losing some of the great momentum achieved by Kim and the team prior. Our program expenses and day-to-day resource spending (food, office expenses, further program purchases) were reduced however our overall run-rate was not greatly affected. As we return to Hastings around our 2020 AGM, we are pivoting to both further discipline on spending as well as seeking further Commonwealth funding and other support to help Kindred operate beyond our Grant expiry in June 2021. We have also accepted a 15% rent reduction and will again be pre-paying this 12-month option in December 2020.

Without further major donations, Kindred has sufficient cash to support our current operation and structure until approximately August 2021. However, we are currently exploring ways to lengthen this survival including the departure of Michelle from our staff, Kim reducing from a full-time to a part-time work arrangement, and finally our long-time Board President Stefanie bringing her expertise as a part-time staff member. Our Board will continue considering this structure and making changes where necessary.


Highlights:

Outside of our headline Department funding, some key financial highlights for the past year since our 2019 report:

1. Our Term Deposit with AMP now has a balance of \$100k. In October we withdrew \$50,000 + interest accrued paid out, in order to meet our rent obligation in December. We will continue to explore options to utilise Kindred's surplus cash prudently.
2. A \$7,000 donation was made by the Neale family in May, another very generous show of support from Doug in particular, who donated \$5,000. These proceeds are being used towards a coffee machine for Hastings, which will be purchase shortly now that Victorian restrictions are being lifted.
3. Kindred won a \$2,500 donation in March from Jetstar, and whilst we were able to use part of this for flight credits, we opted to receive the full amount in cash and were grateful this was provided.
4. Frankston Peninsula Rotary 2.0 supported us again with an \$875 donation in September.

Please see the attached charts showing our revenue and expense breakdowns, as well as Balance sheet changes FY19 vs FY20.

As Treasurer I am hoping that in the coming months, I will be able to take on a more high-level role with the assistance of a part-time bookkeeper to oversee the basic running of Xero and our monthly accounts. I am currently in the process of seeking someone to assist with this, which will free me up to assist Kim and the Board with more timely reporting, strategic advice and more detailed guidance of our spending and options therein.



Sam Holyman

Treasurer



Kindred Clubhouse Inc.

Executive members of the Kindred Clubhouse Board declare that:

1. Financial statements and reports presented in this Annual Report fairly present the organisations financial position as at June 30th 2020 and its performance for the 2019-20 Financial year in accordance with Accounting Standards and other mandatory reporting requirements.
2. In the Board members opinion, there are reasonable grounds to believe that Kindred Clubhouse Inc. will be able to pay its debts as and when they become due and payable.

Signed:

A handwritten signature in black ink, appearing to read "Stefanie Poole".

Stefanie Poole (President)

A handwritten signature in black ink, appearing to read "Michael Sillekens".

Michael Sillekens (Secretary)

A handwritten signature in black ink, appearing to read "Sam Holyman".

Sam Holyman (Treasurer)

Dated 8th November 2020

Balance Sheet

Kindred Clubhouse As at 30 June 2020

30 Jun 2020

30 Jun 2019

Assets

	30 Jun 2020	30 Jun 2019
Bank		
Kindred Clubhouse	172,158	338,273
Term Deposit	151,309	200,000
Westpac AU 033046358260	544	502
Total Bank	324,011	538,775
Current Assets		
Accounts Receivable	4,124	-
Prepayments	20,703	1,000
Total Current Assets	24,827	1,000
Fixed Assets		
Computer Equipment	2,245	-
Less Accumulated Depreciation on Computer Equipment	(360)	-
Motor Vehicles	31,809	-
Less Accumulated Depreciation on Motor Vehicles	(4,033)	-
Total Fixed Assets	29,662	-
Total Assets	378,500	539,775

Liabilities

Current Liabilities		
Accounts Payable	-	15
Annual Leave Provision	15,324	1,854
Grant Income in Advance	177,083	354,167
GST	(19,999)	29,769
PAYG Withholdings Payable	-	3,771
Superannuation Payable	2,882	-
Suspense	(232)	-
Wages Payable - Payroll	1,008	-
Total Current Liabilities	176,065	389,575
Total Liabilities	176,065	389,575
Net Assets	202,434	150,200

Equity

Current Year Earnings	52,235	112,609
Retained Earnings	150,200	37,591
Total Equity	202,434	150,200

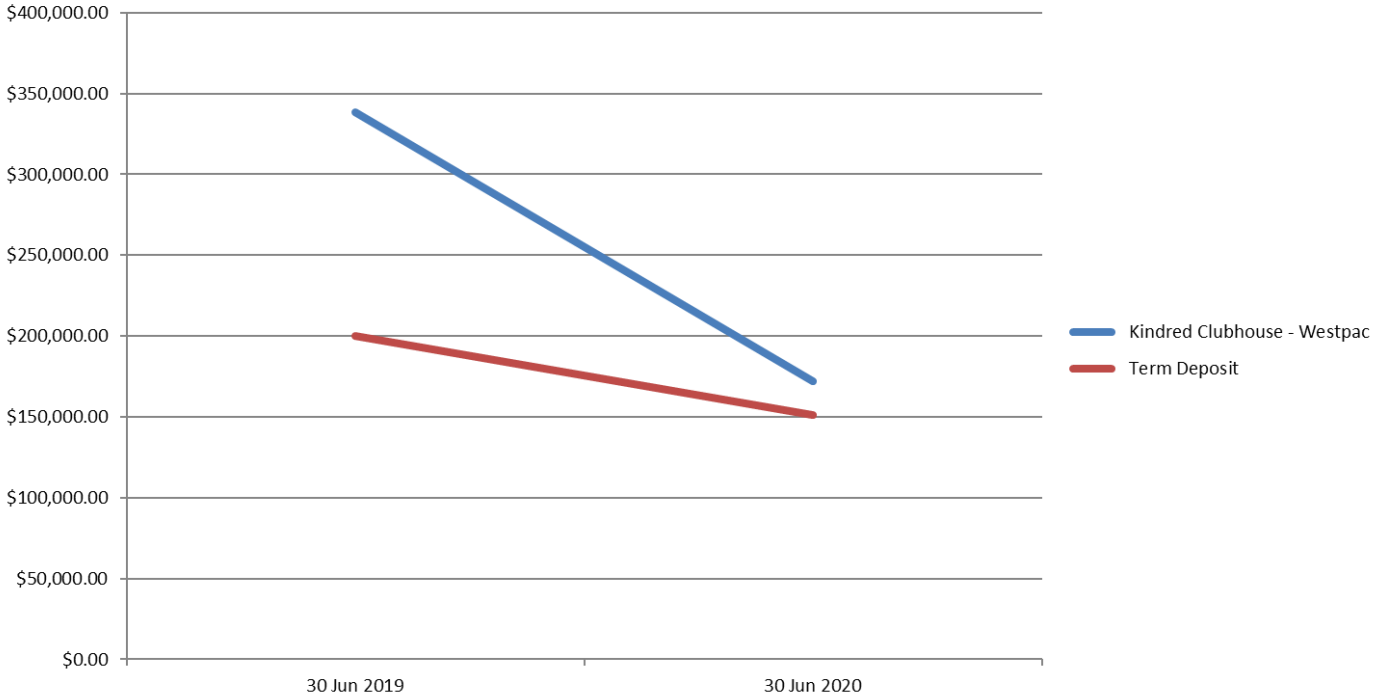
Profit and Loss

Kindred Clubhouse 1 July 2019 to 30 June 2020

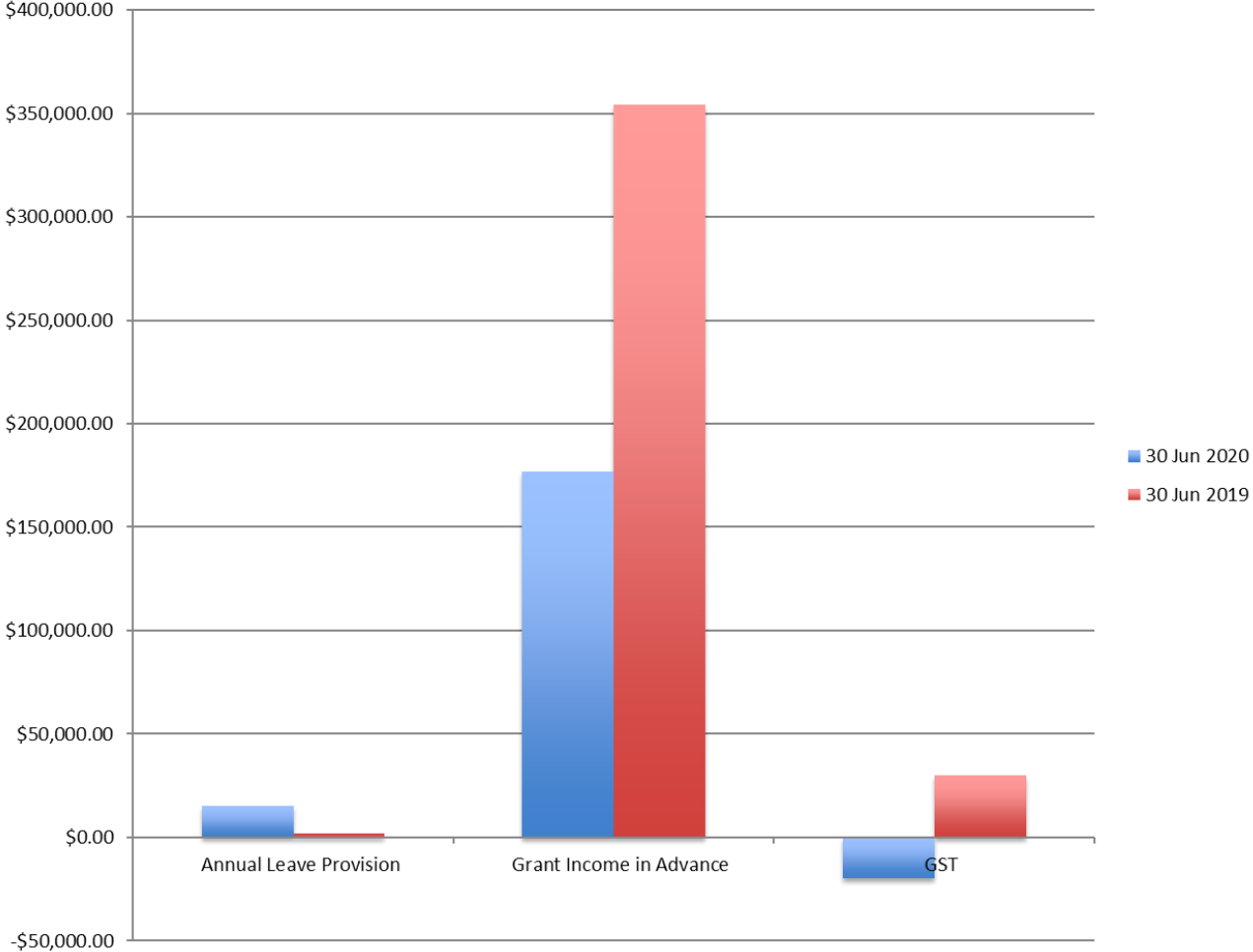
30 Jun 20

Income	
ATO Cash Flow Boost	19,815
Commonwealth Grant Income	177,083
Donations	97,708
Interest Income	4,252
Total Income	298,858
Gross Profit	
298,858	
Less Operating Expenses	
Advertising	956
Annual Leave expense	13,470
Bank Fees	6
Cleaning	362
Consulting & Accounting	7,013
Depreciation	4,393
Food & Drink	4,057
Freight & Courier	216
General Expenses	1,371
Insurance	5,460
Kitchen Expenses	6,578
Light, Power, Heating	297
Motor Vehicle Expenses	5,670
Office Expenses	5,067
Petty Cash Expense	194
Printing & Stationery	2,051
Program Expenses (Food Card)	554
Rates & Outgoings	3,288
Rent	32,544
Repairs and Maintenance	2,859
Rounding	-
Superannuation	12,720
Telephone & Internet	1,594
Travel - National	1,041
Wages and Salaries	134,862
Total Operating Expenses	246,623
Net Profit	52,235

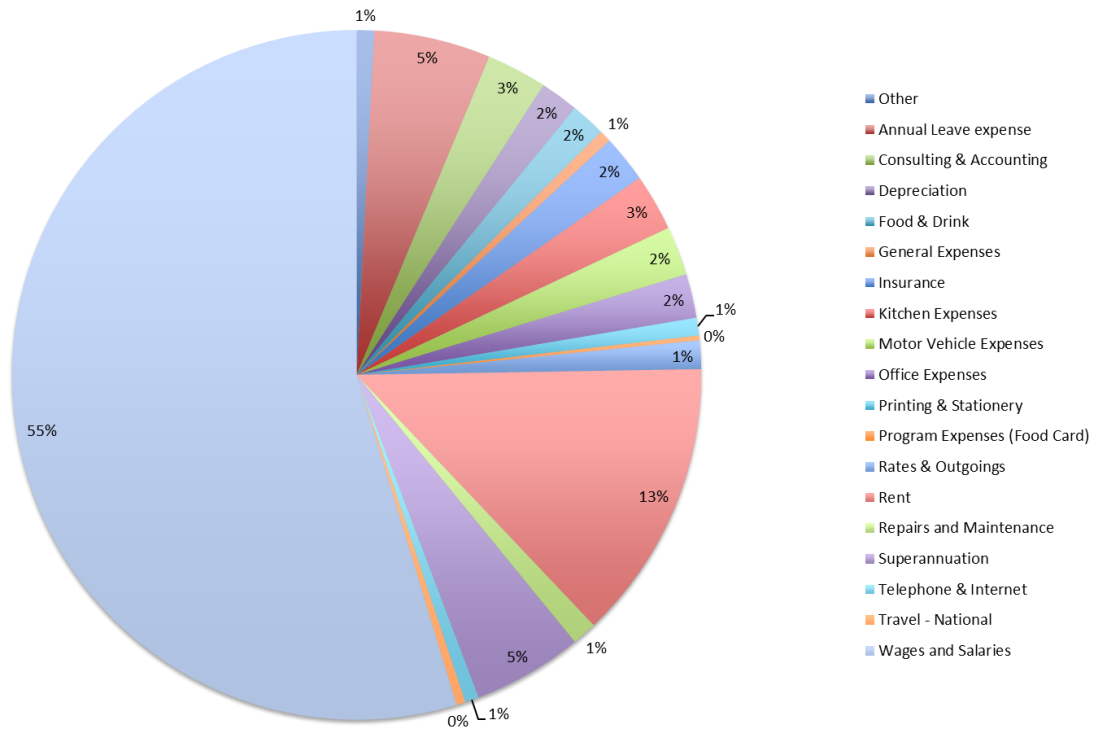
Cash Position FY20 vs FY19



Key Liabilities Change FY20 vs FY19



OPEX Breakdown FY20



Accrued Income Breakdown FY20

