



Kindred Clubhouse

November



Helping our community to find
purpose and connection

Menu

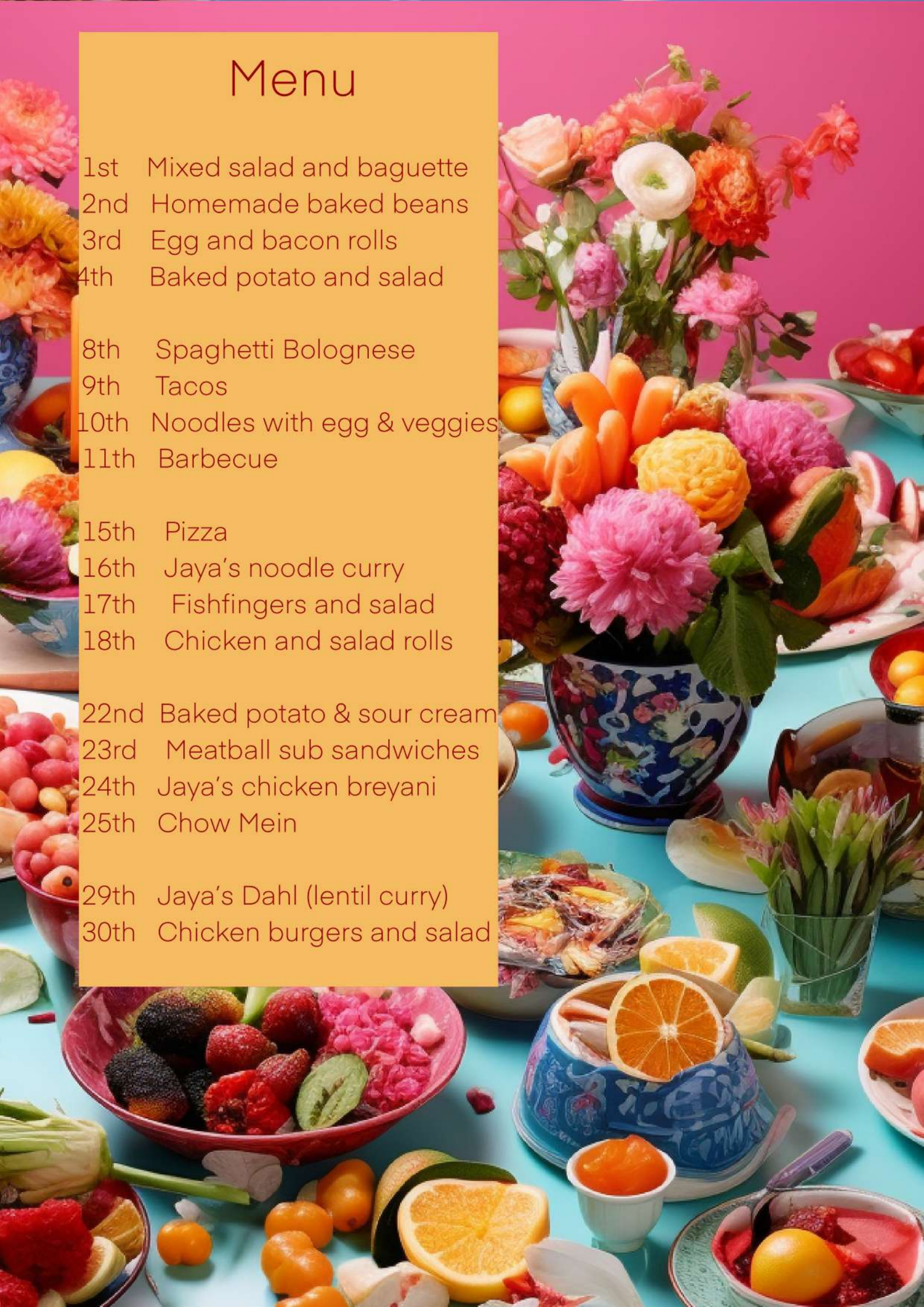
- 1st Mixed salad and baguette
- 2nd Homemade baked beans
- 3rd Egg and bacon rolls
- 4th Baked potato and salad

- 8th Spaghetti Bolognese
- 9th Tacos
- 10th Noodles with egg & veggies
- 11th Barbecue

- 15th Pizza
- 16th Jaya's noodle curry
- 17th Fishfingers and salad
- 18th Chicken and salad rolls

- 22nd Baked potato & sour cream
- 23rd Meatball sub sandwiches
- 24th Jaya's chicken breyani
- 25th Chow Mein

- 29th Jaya's Dahl (lentil curry)
- 30th Chicken burgers and salad



AGM

PLEASE JOIN US

WHEN: 11AM NOVEMBER 23RD

WHERE: 29 MARINE PARADE, HASTINGS (in person)

ZOOM LINK: PLEASE CONTACT US IF YOU WOULD
LIKE TO JOIN AND WE WILL SEND YOU A LINK



Kindred Clubhouse

Where you find community and purpose

Enjoy a coffee with us

by Greg and Michele



When you arrive at the clubhouse everyone is welcome to have a latte, cappuccino, mocha, macchiato, sweet vanilla chai or any other type of coffee you can think of.

Then you can have them with full cream, light, skim, lactose free, oat or soy milk. All these are at no cost to members and there is no limit to how many you can have in a day. Of course the cappuccinos always come with chocolate on top!

We ask visitors and support workers to give a gold coin donation.

We hope you will join us for coffee and a chat.

Member of the Month - Cody

Chris, also known as Cody, joined us at Kindred Clubhouse about a year ago. He is a valued member with his happy-go-lucky personality and willingness to lend a hand wherever he can.

A keen sportsman, Chris attends the gym 3 days a week, working with weight training and swimming to keep fit.

He has a wealth of knowledge and loves a chat about anything related to all things sports. (GO DEVILS)

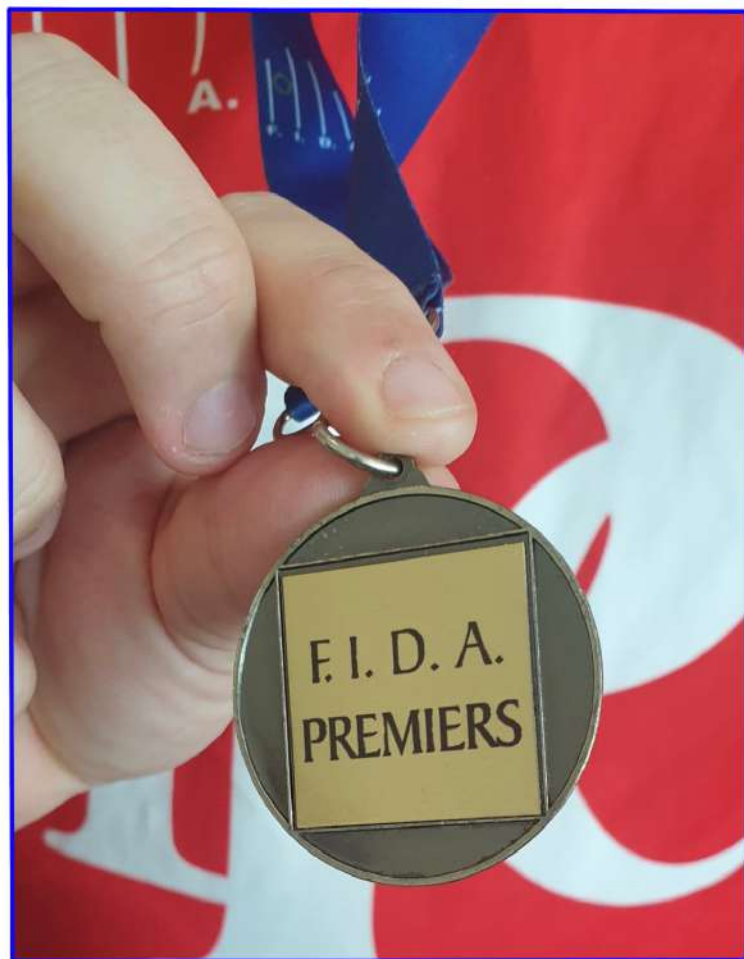
Chris enjoys playing Australian rules football, umpiring and mentoring both male and female younger players and plays cricket in the warmer months.

Chris has grown so much in self confidence during his time at Kindred Clubhouse and was awarded a medal for his team Parkside FIDA winning the premiership for 2023.

'Parkside Devils' are super proud to have won the Premiership for the first time in 25 years!

All the members at Kindred congratulate Christ with his amazing achievements this year.

Well done Chris and thank you for all you do.



My Pets.

By Jo



Welcome to my family of 2!

Queen Hazel and Princess Tinsel, also known as The Ginger Ninja. I've had Hazel for 14 years and she has kept me going thru good and bad.

She is such a sweet natured cat. She hasn't taken kindly to her new sister! They have had their scraps over the last 2 years, and are always competing with each other for who sits on my knees for cuddles.

Hazel loves sleeping on the end of my bed and sleeping outside in the sun in the warmest spots.

Hazel has a boyfriend! His name is Pascal - he is my night nurse and Hazel is in love with him - and he loves her. He picks her up and she lays happily while he carries her inside.

Princess Tinsel is a real character. She is almost 2 and is a real little devil! She likes stalking people as they walk up my path - Kerry can vouch for that! When I was in rehab after a fall, Pam was walking up the path and Ginger Ninja leapt up and bit her on the bum!

My support worker Kelly had her hair braided in Bali.

Ginger Ninja saw her chance when Kerry was in the kitchen , launched herself at Kerry's head and swung off her braids! Kerry screamed!

Now they have a love/hate relationship.

She is such a funny little cat, she gets in the shower with me and I have to dry her off afterwards. I bought a baby toothbrush and she has her teeth brushed in the morning. I've been through a lot of hard stuff over the last few years and I can't imagine how I would have coped without my 2 beautiful girls.



Happy Birthday



1st - Shannon

2nd - Joanna

7th - Mark K

8th - Veronica/Louise/Bronwyn

13th - Christine

16th - Matt C

20th - Sahara

24th - Virginia

29th - Robert

Thursday 16th



Decision
making

meeting and
group birthday
celebration



Women's Big Bash Cricket News by Cody

The cricket season for women started on Thursday 19th October. This is an exciting time for me and other cricket lovers. My favourite team is Melbourne Stars Girls. My second favourite team is Adelaide Strikers and our volunteer Doug has a daughter called Courtney that plays for this team. She is a great all rounder and her special talent is fast bowling.

There are 20 overs per game in the Big Bash which is the shortest length of a tournament.

Some of the other teams are Melbourne Renegades, Sydney Sixes, Sydney Thunder, Perth Scorchers, and the Hobart Hurricanes.



Grace Harris



Courtney Neale



Annabelle Sutherland

High Tea by Sarah

The High Tea was a successful event judging by the 70 important people in the room - members of the public and members and family of Kindred Clubhouse.

The day started early at 8.30am. We did 6 carloads of china and food over to the Bowling Club. Then the fundraising members and several other members put together an elegant china display on all the tables. The kitchen members made sandwiches and prepared the food onto the 2 & 3 tier table stands to go onto each of the tables.

The array of food and cupcakes was a magical spread.

The speakers were great - Paul Mercurio, Lisa Dixon and our own very special member Courtney. Brendan MC'd the event.

The door prizes were awarded to winners with the correct raffles numbers. All winners had a smile on their face!

Overall the day was a huge success. Everyone who helped should be proud of themselves.



... more high tea pics





CHRISTMAS MARKET

SATURDAY

9TH DECEMBER 2023

10AM - 2PM

**KINDRED CLUBHOUSE
29 MARINE PARADE
HASTINGS**

**THANKYOU FOR YOUR SUPPORT
HAVE A WONDERFUL CHRISTMAS**



Kindred
Clubhouse

29 MARINE PARADE
HASTINGS

0435 086 729

Christmas Lunch!!

Can you believe its nearly Christmas time already?
Tanglewood Estate has kindly offered us their beautiful property again this year. Join us for some festive food, fun and music on Friday 15th December.
Please sign up on the notice board.



Calling Kindred Staff after hours

As we are a team of only 3 with a large membership, we do not offer an after hours service. If its an emergency please call 000. If you send a text it might take a few days to get back to you as we don't use our work phones on weekends and evenings. Thank you for your understanding



Transport

We offer a bus service between Frankston and Hastings in our 12 seater bus. Pick up and drop off is the bus shelter in the parking behind Frankston station at the following times.

Wednesday - Friday

9.20am/3pm

Saturday

9.20am/2pm

