

Kindred clubhouse

Christmas Edition

JOIN US AT
TANGLEWOOD
ESTATE FOR OUR
FESTIVE
CELEBRATION ON
DECEMBER 15TH

Christmas
market at
the
clubhouse
on Saturday
9th



Menu

1st Baked potato and salad
2nd Spinach and ricotta quiche

6th Spring rolls
7th Vegetarian lasagne
8th Egg salad rolls
9th Barbecue

13th Broccoli pasta
14th Egg and bacon rolls on BBQ
15th Christmas lunch at Tanglewood
16th Hot dogs

20th Chicken burgers
21st Spaghetti Bolognese
22nd Homemade baked beans
23rd

27th Club sandwiches
28th Rice/tuna/cheese bake
29th Macaroni cheese
30th BLT



KINDRED AGM: COMMUNITY & PURPOSE

Many are moving away from big AGMs but the Clubhouse one hit differently.

We had some fantastic guests including; Paul Mercurio MP Tom McIntosh MP Rotary Peninsula 2.0 Cr Sarah Race, Mornington Peninsula Shire, Mornington Peninsula Foundation, Chris Crewther MP and Brotherhood of St. Laurence

But in clubhouse style, it was the two members who starred while telling very similar stories of recovery.

"We are often given all the tools but don't possess a tool belt. Kindred gave me a safe place to learn how to use my tools."

Thank you everyone for joining us and please help yourself to our Annual Report.





SEAFORD WETLANDS FUN RUN

Community Support

It was a great turn out at the Seaford Wetlands Fun Run. Thank you to Rotary Peninsula 2.0 for your ongoing support and dedication to the work with do.



We were excited to meet Sonya Kilkeny MP and look forward to welcoming her for a cuppa and a chat at the Clubhouse soon.

A big thanks to all those who ran, bought raffle tickets and helped to organise this event. We appreciate you all.

MEMBER SPOTLIGHT: ROSS

1. What brought you to Kindred?

I had been past Kindred many times before actually walking in the front door. I crashed my car, lost my job and was concerned I may fall back into major depression. I was experiencing financial stress and was hoping to find support, encouragement, and motivation all of which I was able to find.

2. What do you enjoy about Kindred?

I enjoy the social aspect, getting different ideas, talking to people and feeling less isolated by being around others.

3. Has anything changed in your life since coming to Kindred?

I have since found a full-time job asphaltting and gained more confidence. I am more positive in my daily life and I am slowly resolving previous debts.

I've lost weight and overall, I feel healthier and have more energy and purpose.

4. What would you like to continue to achieve?

Fix my house, get a car, save money, sustain long term good employment and qualifications in the job field.



My Gardening with Fransica by Kevin

I loved doing the gardening course with Fransisca, it made me feel very good. I especially loved seeing the plants coming out the ground after we planted them. We planted carrots, cauliflower and other veggies. Because of doing this with Fransica, it has motivated me to plant my own veggies at home. Lloyd, who runs the Crib Point Community Gardens gave me 6 tomato plants to get me going. I had a great time. I hope that we can carry on gardening.



CHRISTMAS LUNCH

FRIDAY 15TH

We will be celebrating our Christmas lunch at the beautiful Tanglewood estate with delicious food and festive music. If you are able to use your own transport or car share that would be greatly appreciate. Our bus will be available for anyone who cannot arrange transport. Please sign up on the notice board.





CHRISTMAS MARKET

SATURDAY

9TH DECEMBER 2023

10AM - 2PM

***KINDRED CLUBHOUSE
29 MARINE PARADE
HASTINGS***

***THANKYOU FOR YOUR SUPPORT
HAVE A WONDERFUL CHRISTMAS***



Kindred
Clubhouse

29 MARINE PARADE
HASTINGS

0435 086 729



DECEMBER BIRTHDAYS

1st Jennifer and Suzy

3rd Jason L

5th Shaun

6th Kylie

11th Cody

15th Monique

24th John C

25th Jason C

26th Mim

Group Birthday Celebration

Thursday December 21st

Contact Us

Brendan, Stefanie and Caryl may be contacted Wednesday, Thursday and Friday during office hours. As we are a small organisation, we are not able to offer an after hours service, so please contact 000 in case of an emergency.

Brendan 0487 239 784

Stefanie 0435 086 729

Caryl 0434 084 432

Opening Hours

Wednesday to Friday 10am - 3pm

Saturday 10am - 2pm



Bus Timetable

The parking lot behind Frankston station is our meeting point. We park at the top of the station stairs at 9.20am on a Wednesday, Thursday, Friday and Saturday morning. In order to ensure pick up, please contact Caryl on 0434084432 before 8am on the day.

Opening Hours

Wednesday 10am - 3pm

Thursday 10am - 3pm

Friday 10am - 3pm

Saturday 10am - 2pm

