



Kindred Clubhouse

2024
February



Menu

Thursday 1st
Friday 2nd
Saturday 3rd

Quiche and salad
Tacos
Rolls and salad

Wednesday 7th
Thursday 8th
Friday 9th.
Saturday 10th

Fish fingers and salad
Fried Rice
Baked potato and salad
BBQ

Wednesday 14th
Thursday 15th
Friday 16th
Saturday 17th

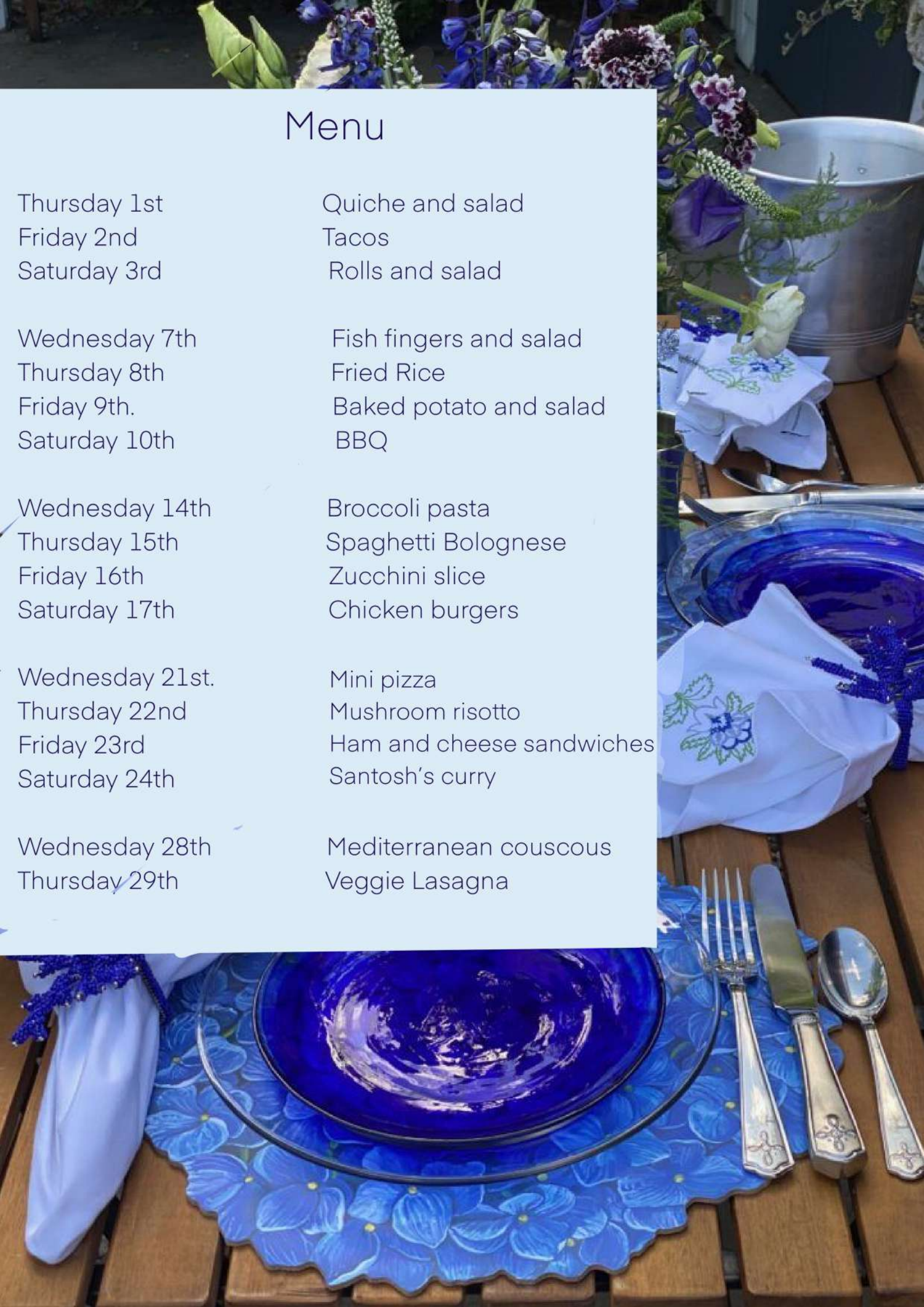
Broccoli pasta
Spaghetti Bolognese
Zucchini slice
Chicken burgers

Wednesday 21st.
Thursday 22nd
Friday 23rd
Saturday 24th

Mini pizza
Mushroom risotto
Ham and cheese sandwiches
Santosh's curry

Wednesday 28th
Thursday 29th

Mediterranean couscous
Veggie Lasagna



Important Dates

A photograph of a lavender field with rows of purple flowers stretching towards a single tree in the distance. The sky is a mix of orange and blue, suggesting a sunset or sunrise. The text is overlaid on the image in white.

Friday 2nd: NDIS Brotherhood of St Laurence

Wednesday 7th: Advanced Statements with Stef and Alysha (APARC)

Wednesday 14th: Learn chess with Kevin and Karen at 1pm

Thursday 15th: 10am sharp - Outing to Heronswood in Dromana

Thursday 22nd: Visit to Sages Cottages

Wednesday 28th: Boundary Setting with Stef

Thursday 29th: Ambulance Victoria visit 11am - 1pm

Heronswood, Dromana



Thursday 15th February 10am

Join us for a beautiful morning at the magnificent Heronswood Estate. We will be given a guided tour of the gardens at 10.30am so we must leave Kindred at 10am sharp. Those with their own transport are welcome to meet us there at 10.25am.

After the tour we will enjoy some delicious scones and tea in the pretty tearoom with a great view.

Entrance to the garden, including tour, is \$10.

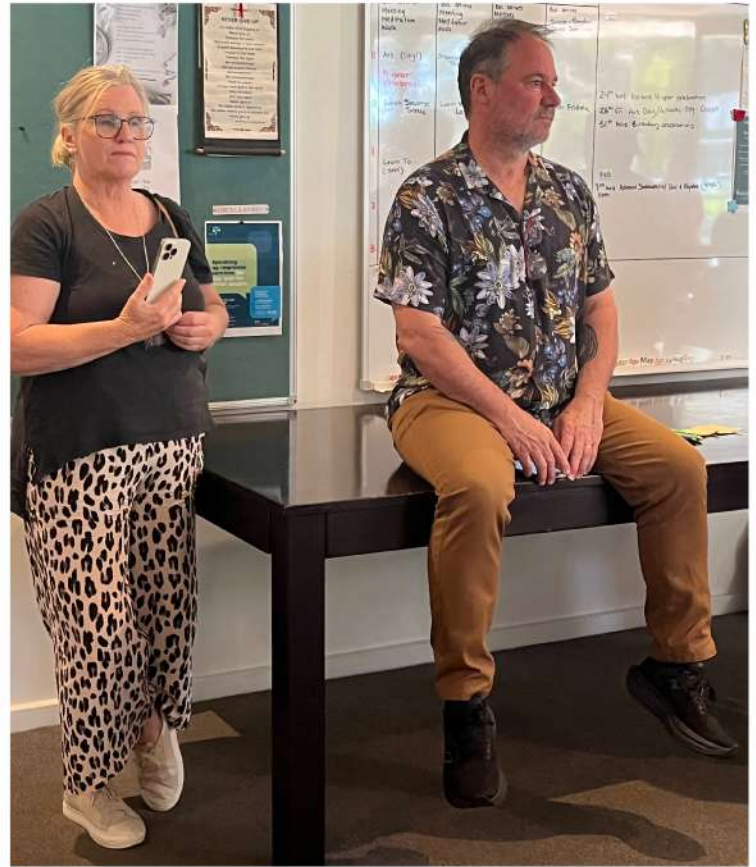
Please also bring sufficient money for your tea and scones.

Please put your name on the bus list as soon as possible to reserve your place.

Join us on Wednesday mornings for a fun and social art session. No need to think "I can't draw". We do simple projects that are easy and fun.



Celebrating 4 years in Hastings. Thanks to all for your support and participation.





HAPPY BIRTHDAY TO THOSE BORN IN FEBRUARY



4th Veronica

9th Brett G

10th Nick

11th Helen

14th Greg

14th Wendy S

19th Craig J

21st Paul G

Our fundraising quilt is finished and we will auction it later this month.



Contact Us

Brendan, Stefanie and Caryl may be contacted Wednesday, Thursday and Friday during office hours. As we are a small organisation, we are not able to offer an after hours service, so please contact 000 in case of an emergency.

Brendan 0487 239 784

Stefanie 0435 086 729

Caryl 0434 084 432

Opening Hours

Wednesday to Friday 10am - 3pm

Saturday 10am - 2pm



Transport

We offer a bus service between Frankston and Hastings in our 12 seater bus. Pick up and drop off is the bus shelter in the parking behind Frankston station at the following times.

Wednesday - Friday

9.20am/3pm

Saturday

9.20am/2pm

